

CEDAR CENTRE

P.O. Box 1408
Cedar Rapids, IA 52406-1408
(319)-365-3993

TMS CONSENT FORM

TMS is prescribed and directly supervised by psychiatrists who are trained in TMS. TMS is administered by trained TMS technicians who are familiar with different TMS protocols but may only administer exactly what is prescribed. They are not clinicians and may not make treatment recommendations; they administer TMS all day every day and are trained to handle an emergency. Physician supervision takes place in many ways.

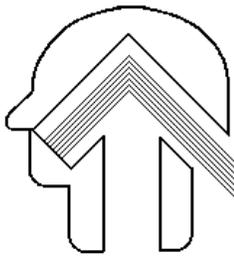
- Through an initial diagnosis, treatment planning with a decision to utilize a specific TMS protocol.
- Treatment progress is monitored through patient rating scales and follow-up appointments. Rating scales may be annoying, but they are required for data collection and insurance coverage determinations.
- If necessary, the TMS operator can call the physician to answer a question and have the physician observe the treatment in person.
- If there is some uncertainty about whether to continue TMS or change the protocol, this should be discussed with the physician in an appointment and not the operator.

Risks and Discomforts

TMS has been used worldwide since 1985 and FDA approved since 2008; however there are a series of adverse effects can occur from TMS.

I understand the following adverse effects are possible:

1. Up to 10% of patients undergoing TMS experience headaches, face pain, jaw pain, tooth pain or neck pain. You can take ibuprofen, acetaminophen, or aspirin, which in most cases relieves the pain. Almost all patients find TMS to be tolerable.
2. TMS produces a loud clicking noise during stimulation, which can result in tinnitus or hearing loss especially if ear protection is not used. To prevent risk of hearing disturbances, earplugs will be given to wear. The risk for hearing loss with hearing protection is not known but is most likely less than 0.01% or 1 in 10,000 patients.



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3. TMS can induce a convulsion even in the absence of brain lesions, epilepsy, or other risk factors for seizures. The overall risk for seizures during TMS is not known but it is less frequent than 0.5% or 5 in 1,000 patients. TMS does not cause epilepsy. In patients with known epilepsy, the risk is 1%.
4. TMS could potentially cause unintended teeth clenching, biting of the tongue and chipping teeth. The overall risk for this is not known.
5. TMS could theoretically induce transient changes in cognition or movement, although safety studies have not found such side effects to date.
6. I am aware there may be some unexpected complications.
7. I am aware that the risks of exposure to a magnetic field during pregnancy are not fully understood.

To date there is only one absolute contraindication for repetitive TMS, the presence of a ferromagnetic substance in the head. Ferromagnetic means a substance that is highly susceptible to magnetization. We do not know about long-term consequences of TMS, since it was only FDA approved for depression in 2008. It is strongly advised not to interrupt your treatment during the acute phase. Please review the following summary of expenses.

INITIAL EVALUATION, ELIGIBILITY CONSULTATION:

This is typically a 1-hour consultation with the doctor to determine your eligibility for treatment, as well as determine the appropriate protocol. This does not include locating the treatment area with the device.

COST PER TMS CAP: One cap will be included in your treatment course at our office, and it is durable enough to last for several hundred treatments. You will be charged \$20.00 for subsequent caps if you want a new cap.

FOLLOW UP COSTS: While in the acute TMS treatment phase, you are required to attend follow up visits with the doctor. These will be billed to your insurance company as a regular office visit.

MISSED APPOINTMENTS: We ask that you cancel 24 hours in advance from your scheduled appointment to avoid being charged. Insurance does not pay for missed appointments. You are personally responsible and may be charged a \$50.00 no show fee.



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INSURANCE: At the present time, insurance covers TMS only in some cases of treatment resistant depression. Before you start treatment we will contact your insurance company to obtain prior authorization if needed. However, that is not a guarantee of benefits. If your insurance is canceled during treatment you will be responsible for the cost of treatment. Our office will do our best to get the most accurate cost of treatments but ultimately it is your insurance company so we advise you contact them as well.

I understand that in the event of injury, Cedar Centre Psychiatric Group will not compensate me. Reasonable medical treatment will be offered for injuries directly caused by my TMS treatment, for which my insurer or I will be billed at the usual fee. I release Cedar Centre Psychiatric Group and all of the providers and technicians from any and all liabilities and expenses related to my decision to receive TMS as part of my care.

I understand that I have the option to obtain treatment elsewhere and will be provided a referral letter if required.

PATIENT'S NAME: _____

DATE: _____

SIGNATURE: _____